



# California Project LEAN ♦ Consumer Materials Order Form

Phone: 916-552-9907 ♦ FAX: 916-552-9909

To review these materials visit our web site: [www.CaliforniaProjectLEAN.org](http://www.CaliforniaProjectLEAN.org)

GP=general population LL=low literacy

HIGH SCHOOL RESOURCE KITS	Item	Cost	#	Total
<b>Jump Start Teens</b> Interactive, cross-curricular resource kit with lesson plans for high school teachers and school nutrition staff. Includes some Spanish language handouts.	HS1	\$20		
<b>Playing the Policy Game</b> A 30-page booklet that highlights nutrition and physical activity policies that teens can pursue with adult guidance.	HS2	\$10		
<b>Spanish Version, Playing The Policy Game: Adolescentes En Acción</b> Spanish language booklet that highlights nutrition and physical activity policies that teens can pursue with adult guidance.	HS3	\$10		
<b>HUESOS FUERTES, FAMILIA SALUDABLE (STRONG BONES, HEALTHY FAMILY) MATERIALS</b>				
<b>Más Leche 1%. Huesos Fuertes, Familia Saludable.</b> (More 1% Milk. Strong Bones, Healthy Family.) (package of 50)	SB4	\$1		
<b>Huesos Fuertes, Familia Saludable (Strong Bones, Healthy Family) Promotora Curriculum</b> (Set of 4 lessons and handouts in Spanish and English.)	BHL	\$20		
<b>ENGLISH-LANGUAGE BROCHURES</b>				
<b>Celebrate Health With a Lowfat Fiesta</b> (GP) (package of 50)	EB1	\$20		
<b>Eat Lean Mexican Cuisine</b> (GP) (package of 50)	EB2	\$20		
<b>Food On the Run: Healthy Eating and Physical Activity for Your Teenager</b> parent brochure (GP) .) (package of 50)	EB3	\$20		
<b>Shop, Cook &amp; Dine</b> (GP) (package of 50)	EB4	\$20		
<b>Shop, Cook &amp; Eat</b> (LL) (package of 50)	EB5	\$20		
<b>COOKBOOK</b>				
<b>California Chefs Cook Lean:</b> A compilation of recipes contributed by a diverse group of California chefs	CB1	\$10		
<b>SPANISH-LANGUAGE BROCHURES</b>				
<b>Celebre con una Fiesta al Aire Libre</b> (LL) Celebrate with an outdoor fiesta .) (package of 50)	SB1	\$20		
<b>Compre, Cocine y Coma con Poca Grasa</b> (LL) Spanish-language version of Shop, Cook & Eat .) (package of 50)	SB2	\$20		
<b>Alimentación Saludable y Actividad Física para su Adolescente</b> (LL) Spanish-language version of <i>Food on the Run: Healthy Eating and Physical Activity for Your Teenager</i> parent brochure .) (package of 50)	SB3	\$20		
<b>LOCAL WELLNESS POLICY TOOLS</b>				
<b>Student Wellness: A Healthy Food and Physical Activity Policy Resource Guide</b> to assist school governance leaders in planning policies that promote good nutrition and physical activity.	RK1	\$20		
<b>Reaching School Board Members: A guide for Creating a Clear, Concise, and Compelling Nutrition Policy Campaign.</b> Spanish and English versions in the same booklet.	RK2	\$10		
<b>Parents in Action!</b> This Tool Kit provides resources and tools that will help school stakeholders engage parents in policy implementation, monitoring, and evaluation and includes lesson plans for engaging parents.	RK3	\$20		
<b>Spanish Version, Parents in Action: Padres en Acción!</b> Spanish language Tool Kit provides resources and tools that will help school stakeholders engage parents in policy implementation, monitoring, and evaluation and includes lesson plans for engaging parents.	RK4	\$20		
<b>Captive Kids: Selling Obesity at Schools: An Action Guide to Stop the Marketing of Unhealthy Foods and Beverages in School.</b> This guide includes: Key policy steps that address marketing in schools, and Talking Points, case studies, fact sheets, and more.	CK	\$20		
<b>Community Based Social Marketing: The California Project LEAN Experience.</b> Focus on various social marketing projects and "lessons learned" by Project LEAN regions	BP1	\$10		
<b>Food On the Run: Lessons From A Youth Nutrition and Physical Activity Campaign.</b> Various regional best practices and "lessons learned" from the Food on the Run campaign.	BP2	\$10		
<b>Policy In Action: A Guide to Implementing School Wellness Policy</b> is a step-by-step roadmap for developing an implementation plan for your local school wellness policy.	SW	\$10		
<b>School Food Standards Slide-Guide: Does Your Snack Measure Up?</b> A pocket guide for determining California SB 12 compliant snacks.		1-\$2 5-\$10 10-\$16		
Please indicate for: <input type="checkbox"/> Elementary <input type="checkbox"/> Middle/High	SG			



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## Please Print or Type Clearly

### SHIP TO:

Name/Attention: \_\_\_\_\_

Organization: \_\_\_\_\_

Street Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone: (\_\_\_\_) \_\_\_\_\_ Fax: (\_\_\_\_) \_\_\_\_\_

Email: \_\_\_\_\_

Twitter Account Name: \_\_\_\_\_

Facebook Acct Name: \_\_\_\_\_

### BILL TO: same as ship to

Name/Attention: \_\_\_\_\_

Organization: \_\_\_\_\_

Street Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone: (\_\_\_\_) \_\_\_\_\_ Fax: (\_\_\_\_) \_\_\_\_\_

Email: \_\_\_\_\_

Twitter Account Name: \_\_\_\_\_

Facebook Acct Name: \_\_\_\_\_

Subtotal \$ \_\_\_\_\_

Add 8.75% Sales Tax \$ \_\_\_\_\_

(CA residents only)

**Grand Total:** \$ \_\_\_\_\_

## Instructions for Ordering

### Please use one of the following options:

- Fax form to 916-552-9909
- Scan and email form to [michelle.whitish@cdph.ca.gov](mailto:michelle.whitish@cdph.ca.gov)
- Mail form to:  
California Project LEAN  
PO Box 997377, MS 7211  
Sacramento, CA 95899-7377

### Acceptable forms of payment:

- Checks (made payable to the Public Health Institute)
- We are unable to accept cash or credit cards
- **Please do not pre-pay at this time**
- **An invoice will accompany your shipment**

### Please allow three weeks for delivery

All orders are shipped by UPS Ground or FedEx Service

## Questions regarding your order?

EMAIL: MICHELLE.WHITISH@CDPH.CA.GOV

PHONE: 916-552-9907