



# California Project LEAN ♦ Consumer Materials Order Form

Phone: 916-552-9907 ♦ FAX: 916-552-9909

To review these materials visit our web site: [www.CaliforniaProjectLEAN.org](http://www.CaliforniaProjectLEAN.org)

GP=general population

LL=low literacy

HIGH SCHOOL RESOURCE KITS		Item	Cost	#	Total
<b>Jump Start Teens:</b> An interactive, cross-curricular resource kit with lesson plans for high school teachers and school nutrition staff. Includes some Spanish language handouts.		HS1	\$20		
<b>Playing the Policy Game:</b> A 30-page booklet that highlights nutrition and physical activity policies that teens can pursue with adult guidance. <i>For the Spanish version, see Adolescentes En Acción (below)</i>		HS2	\$10		
<b>Adolescentes En Acción</b> Spanish version of Playing the Policy Game		HS3	\$10		
HUESOS FUERTES, FAMILIA SALUDABLE (STRONG BONES, HEALTHY FAMILY) MATERIALS					
<b>Más Leche 1%. Huesos Fuertes, Familia Saludable.</b> (More 1% Milk. Strong Bones, Healthy Family.) (Pack of 50)		SB4	\$20		
<b>Huesos Fuertes, Familia Saludable (Strong Bones, Healthy Family) Promotora Curriculum</b> (Set of 4 lessons and handouts in Spanish and English.)		BHL	\$20		
ENGLISH-LANGUAGE BROCHURES					
<b>Celebrate Health With a Lowfat Fiesta</b> (GP) (Pack of 50) <i>Also available under Spanish-Language Brochures</i>		EB1	\$20		
<b>Eat Lean Mexican Cuisine</b> (GP) (Pack of 50)		EB2	\$20		
<b>Food On the Run: Healthy Eating and Physical Activity for Your Teenager</b> parent brochure (GP) (Pack of 50) <i>Also available under Spanish-Language Brochures</i>		EB3	\$20		
<b>Shop, Cook &amp; Dine</b> (GP) (Pack of 50)		EB4	\$20		
<b>Shop, Cook &amp; Eat</b> (LL) (Pack of 50) <i>Also available under Spanish-Language Brochures</i>		EB5	\$20		
COOKBOOK					
<b>California Chefs Cook Lean:</b> A compilation of recipes contributed by a diverse group of California chefs		CB1	\$10		
SPANISH-LANGUAGE BROCHURES					
<b>Celebre con una Fiesta al Aire Libre</b> (LL) (Celebrate with an Outdoor Fiesta) (Pack of 50)		SB1	\$20		
<b>Compre, Cocine y Coma con Poca Grasa</b> (LL) (Spanish-language version of Shop, Cook & Eat) (Pack of 50)		SB2	\$20		
<b>Alimentación Saludable y Actividad Física para su Adolescente</b> (LL) (Spanish-language version of <i>Food on the Run: Healthy Eating and Physical Activity for Your Teenager</i> parent brochure) (Pack of 50)		SB3	\$20		
LOCAL WELLNESS POLICY TOOLS					
<b>Student Wellness: A Healthy Food and Physical Activity Policy Resource Guide</b> to assist school governance leaders in planning policies that promote good nutrition and physical activity.		RK1	\$20		
<b>Reaching School Board Members: A guide for Creating a Clear, Concise, and Compelling Nutrition Policy Campaign.</b> Spanish and English versions in the same booklet.		RK2	\$10		
<b>Parents in Action!</b> This Tool Kit provides resources and tools that will help school stakeholders engage parents in policy implementation, monitoring, and evaluation and includes lesson plans for engaging parents. <i>For the Spanish version, see Padres en Acción! (Below)</i>		RK3	\$20		
<b>Padres en Acción!</b> Spanish version of Parents in Action		RK4	\$20		
<b>Captive Kids: Selling Obesity at Schools: An Action Guide to Stop the Marketing of Unhealthy Foods and Beverages in School.</b> This guide includes: Key policy steps that address marketing in schools, and Talking Points, case studies, fact sheets, and more.		CK	\$20		
<b>Community Based Social Marketing: The California Project LEAN Experience.</b> Focus on various social marketing projects and "lessons learned" by Project LEAN regions		BP1	\$10		
<b>Food On the Run: Lessons From A Youth Nutrition and Physical Activity Campaign.</b> Various regional best practices and "lessons learned" from the Food on the Run campaign.		BP2	\$10		
<b>Policy In Action: A Guide to Implementing School Wellness Policy</b> is a step-by-step roadmap for developing an implementation plan for your local school wellness policy.		SW	\$10		
<b>School Food Standards Slide-Guide: Does Your Snack Measure Up?</b> A pocket guide for determining California SB 12 compliant snacks.	<input type="checkbox"/> Elementary	SG	1-\$2 5-\$10 10-\$16		
	<input type="checkbox"/> Middle/High	SG	1-\$2 5-\$10 10-\$16		
<b>Please complete page 2 to proceed with your order.</b>			Subtotal		
			Add 8% Sales Tax (CA only)		
			Total		

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Please Type or Print Clearly

## SHIP TO:

Organization:					
Name/Attention:					
Street Address:					
City:		State:		Zip:	
Phone:		Email:			
Website:					

## BILL TO: Check if same as ship to

Organization:					
Name/Attention:					
Street Address:					
City:		State:		Zip:	
Phone:		Email:			
Website:					

## INSTRUCTIONS FOR ORDERING

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To place an order, please use one of the following options:

- PDF this form to [ProjectLEAN@cdph.ca.gov](mailto:ProjectLEAN@cdph.ca.gov)
- Fax this form to: 916-552-9909
- Mail this form to:  
California Project LEAN  
P.O. Box 997377, MS 7211  
Sacramento, CA 95899-7377

### Payment Instructions:

**Do not pre-pay for this order.** An invoice will be mailed to you for only those items fulfilled.

Acceptable forms of payment are check only, **made payable to the Public Health Institute**. We are unable to accept cash or credit card.

### Shipping:

All orders less than 1 lb. are mailed through U.S. mail; orders in excess of 1 lb. are shipped by UPS or FedEx ground only. Please allow up to three weeks for delivery.

[Questions regarding your order?](#)

PHONE: 916-552-9951