RESOLUTION NO. __________

A RESOLUTION OF THE CITY COUNCIL OF THE CITY OF HUNTINGTON PARK, CALIFORNIA, ADOPTING A HEALTHY FOOD AND BEVERAGE POLICY FOR VENDING MACHINES LOCATED ON CITY PROPERTY

WHEREAS, the League of California Cities at its recent annual conference unanimously adopted a resolution reaffirming its recognition of the important role cities play in combating the obesity epidemic and called upon cities in California to join the “Let’s Move Cities and Towns Campaign”; and

WHEREAS, a goal of the “Let’s Move Cities and Towns Campaign” is to make healthy food available to children and families in municipal facilities; and

WHEREAS, the League initiated the Healthy Eating Active Living (HEAL) Cities Campaign to support cities to adopt policies to increase access to healthy food; and

WHEREAS, on June 21, 2010, the City Council adopted a resolution declaring the City of Huntington Park a HEAL City; and

WHEREAS, more than half of California’s adults are overweight or obese and therefore at risk for many chronic conditions including diabetes, heart disease, cancer, arthritis, stroke, and, hypertension; and

WHEREAS, one in four youth between the ages of 9 and 16 in California is overweight; and

WHEREAS, according to the California Center for Public Health Advocacy, approximately 39% of children in Huntington Park are overweight; and

WHEREAS, more children are being diagnosed with diseases linked to overweight and obesity previously seen only in adults, such as Type 2 diabetes and heart disease; and

WHEREAS, the current generation of children are expected to have shorter lives than their parents due to the consequences of obesity; and

WHEREAS, obesity and overweight takes a tremendous toll on the health and productivity of all Californians, annually costing the state $21 billion; and

WHEREAS, the City of Huntington Park bears a portion of these costs in health care premiums, sick days and lost productivity; and
WHEREAS, teens and adults who consume one or more sodas or sugar sweetened beverages per day are more likely to be overweight or obese; and

WHEREAS, foods and beverages of minimal nutritional value are marketed extensively; and

WHEREAS, the City of Huntington Park is committed to spending public funds to promote the public’s health and welfare, including the health and welfare of children and families; and

WHEREAS, the City Council has jurisdiction over municipal facilities and programs serving employees and residents where they consume food and beverages; and

WHEREAS it is in the City’s interest to use its facilities and programs to promote and support health.

NOW, THEREFORE, THE CITY COUNCIL OF THE CITY OF HUNTINGTON PARK DOES HEREBY RESOLVE AS FOLLOWS:

SECTION 1: That all food and beverages funded by the City and provided or sold in City facilities, including, but not limited to, youth-oriented programs, recreation centers, pools, libraries, parks, and community centers shall meet the following guidelines:

a) Food Snacks: 100% of snack foods provided or sold through vending machines or any other means shall meet the following criteria:

1) Snack food items shall have no more than:

   i. 35% of its calories from total fat

   ii. 10% of its calories from saturated fat

   iii. 35% sugar by weight

   iv. 250 calories per individual food item

   v. The following snack foods shall be exempt from meeting the above nutrition standards, except for the limit of 250 calories or less: Nuts, nut butters (such as peanut butter), seeds (such as sunflower seeds), legumes (beans), eggs, cheese, and fruits/vegetables that have not been deep fried and do not contain added sugars or fat

2) Snack food items shall not contain any trans fat.

3) Snack food items shall emphasize fruit, vegetables, whole grains, and nonfat or
low fat dairy products.

4) All vending machines that sell snack food items shall contain:
   i. At least one snack item that has no more 360 mg of sodium per serving or per portion
   ii. At least one item that meets the Food and Drug Administration (FDA) definition of “low sodium” with less than 140 mg per serving or portion
   iii. At least one item that contains a minimum of two grams of dietary fiber

b) Beverages: 100% of beverages provided or sold through vending machines or any other means shall be as follows:
   1) Water
   2) Fruit or vegetable based containing at least 50-100 percent real juice without added caloric sweeteners
   3) Milk products that are 1% (low fat), or nonfat
   4) Non-dairy milk products such as soy, rice, and other similar milks
   5) Drinks with no more than 50 calories per 20-ounce container (or 2.5 calories per each ounce of serving)

SE Karen: Future procurement and/or vendor contracts for the provision of food and beverages to be provided and/or sold through vending machines or any other means within City facilities, at City functions and sponsored events shall include a provision stipulating that all food and beverages to be purchased or provided through contracts shall meet the City’s Nutrition Guidelines outlined above.

SECTION 3: To assist in the implementation of this Resolution, the City Council shall designate appropriate City staff, in collaboration with health organizations, to disseminate information regarding the above nutrition standards. The designated City staff shall be responsible for monitoring compliance with this policy.

SECTION 3: This Resolution shall become effective July 1, 2011.

SECTION 4: The City Clerk shall certify to the adoption of this Resolution.
PASSED, APPROVED, AND ADOPTED this 6th day of June, 2011.

Ofelia Hernandez, Mayor

ATTEST:

Rosanna Ramirez, City Clerk